

Marguerite Mantha and Meredith Deasley

# Simple Steps to Transforming your Life

Want to experience Happiness?



the  *Happiness Coach*  
Motivational Speaker

Marguerite Mantha  
Motivational Speaker  
Certificate in Psychology  
Life Coach  
[thehappinesscoach.ca](http://thehappinesscoach.ca)

the *RESOURCEFUL MOTHER*

Meredith Deasley  
BA in Sociology, RHN, ACC  
Author, Speaker, Teacher,  
Family Nutritionist and Life Coach  
[theresourcefulmother.com](http://theresourcefulmother.com)

- Let's address some of those self-sabotaging habits.
- Let's address those limiting thoughts.
- Learn the action steps that will help you fulfill your dreams.

Come and enjoy a dynamic evening of inspirational speakers with like-hearted, loving Souls in a unique atmosphere filled with grace and love.

Entertainment by Harpist - Ashtin Hennessy

Date: Saturday April 1, 2017

Time: 6:30 - 9:30 p.m.

@ the Hartman gallery | venue

5725 Davis Drive

Mount Albert, Ontario L0G 1M0

1 minute drive east of Highway 48 on the south side.

[info@thehartman.ca](mailto:info@thehartman.ca)

Tel: 1.855.542.6671



Tickets \$30 available online.

[BUY TICKETS NOW](#)

Includes a variety of delicious and elegant hors d'oeuvres, fresh juices and a cash bar.

You are sure to leave inspired, uplifted, happy, energized and hopeful after listening to Marguerite and Meredith.



A Night at the Hartman Gallery with  
Marguerite Mantha and Meredith Deasley

Discover your true potential